

**VILAS COUNTY COMMISSION ON AGING  
NUTRITION ADVISORY COUNCIL**

**FEBRUARY 18, 2009**

Chairperson Platner called to order the Nutrition Advisory Council meeting of the Commission on Aging at 1:00 p.m., on February 18, 2009, at Fibber's Restaurant, St. Germain, Wisconsin.

**Present:** The following persons were present: Betty Gussick, Betty Hansen, Ray Johnson, Mary Platner and Donna Rollmann. Staff present were Director Joe Fortmann and Nutrition Coordinator, Susan Richmond.

**Approve Agenda:** Rollmann moved and Johnson seconded the motion to approve the Agenda as mailed, which order may be changed at the discretion of the Chair. Carried.

**Approve Minutes:** Gussick moved and Rollmann seconded the motion to approve the Minutes of the Nutrition Advisory Council held on November 19, 2008. Carried.

**Agenda Item #5 Discussion and approval of Senior Dining Site Review:**

- ✓ Richmond explained that we will be doing a Review at each of the sites and asked that members peruse the Review before the next meeting so they know what to expect.
- ✓ Richmond will compile the results and give to the Site Manager for improvements and comments.
- ✓ The Committee asked for Mauthe to answer a question regarding collecting and counting the donations. It was suggested that Mauthe give some thought to this and have another person (it can be anyone) to verify her count of the money and initial her registration book. This was not to say that she is doing it wrong, but to cover and protect her against any wrongful accusation.

**Agenda Item #6 Discussion of Nutrition Program Assessment:**

- Platner stated that this Assessment was distributed at the full Commission on Aging Meeting in February. She stated this was a very good assessment.
- No further discussion was held.

**Agenda Item #7 Emergency Policy and Procedures and Pet Policy:**

- ❖ Richmond distributed a copy of the proposed Emergency Procedures for our Home Delivered Meal Drivers. If there are no additions or corrections, Richmond will laminate these for the drivers to keep in their vehicles in case of an emergency.
- ❖ Also discussed was the Pet Policy and Procedure sheets. Richmond stated that at the fall WAND Conference, we heard about a home delivered meal driver that was bit by a participant's pet that he normally got along with before. So the State has suggested that we incorporate a Pet Policy. When we go out to do re-assessments of the home delivered meal participants, we will go over the new policy and have the participant sign stating they understand the policy. One of the main points of the policy is that they need to have their pet restrained, either in a kennel or another room during the hours of meal delivery.
- ❖ Richmond stated that this is for the safety of our drivers.
- ❖ Platner asked the Committee that if they had any corrections, additions or comments to please give Richmond a call by March 2, 2009. Richmond will then

put it on the Agenda for the full Commission on Aging Committee to approve also.

**Agenda Item #8 Updates from Site Representatives:**

- Hansen reporting for Phelps that they have had many deaths or people getting sick so their numbers are way down. Fortmann stated that he would like to set up a meeting between Hansen, Sandy Mutter, Site Manager, Gloria Ellingham, President of Phelps Club and Fred Radtke, Activities Coordinator for St. Germain Prime Timers, to brainstorm ideas to increase attendance in Phelps.
- Rollmann reporting for St. Germain that participants would rather engage in conversation than play actual games. Richmond stated that there are games that are more conversation based, getting people talking, etc.
- Gussick reporting for Kalmar Senior Center that she needs to start attending more at the site, but that Karen Stanton keeps her informed.
- Johnson reporting for Land O' Lakes that they also would rather engage in conversations than play actual games.

**Agenda Item #9 Suggestions from Members:**

- ✓ Platner suggested that the sites could invite someone from their local libraries to come and present what is available at the library, i.e. books on tape, informational books on certain diseases, etc.
- ✓ Gussick also suggested that she has been at a presentation regarding coin collecting and that was very interesting.
- ✓ Platner stated that she tried to take some of her magazines to the Kalmar Senior Center and was told they had enough magazines, so she took them over to the hospital.

**Next Meeting Date will be: Monday, April 27, 2009, at Aspirus Lillian Kerr, in the Phelps Senior Center room. We will have lunch at noon and the meeting will follow at 1:00 p.m. Richmond reminded everyone that they need to call in their reservations as part of the Site Review that they will need to complete. Information on how to reserve will appear on the Agenda.**

Rollmann made a motion to adjourn at 2:00 p.m., Johnson seconded the motion. Carried.

Minutes reflect the recorders notations and are subject to approval by the appropriate board or committee.

Submitted by:

Approved by:

Susan Richmond  
Nutrition Coordinator

Joe Fortmann  
Director